

## Post-operative Sore Throat and Gum Chewing for Long Duration LMA Use

**Status:** Recruiting

### Eligibility Criteria

**Age:** 18 years and over

This study is NOT accepting healthy

**Healthy Volunteers:** volunteers

**Inclusion Criteria:**

- having outpatient ambulatory surgery - receiving general anesthesia utilizing a laryngeal mask airway - surgery expected to last longer than 1 hour

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**Exclusion Criteria:**

- chronic laryngitis - chronic bronchitis - asthma - gastroesophageal reflux disease - smoked within the last week - non-English speaking

### Conditions & Interventions

**Conditions:**

Breathing, Lung & Sleep Health

**Keywords:**

Clinics and Surgery Center (CSC), Anesthesia, Surgery

### More Information

**Description:** The purpose of this study is to determine if chewing gum immediately prior to transport to the operating room reduces the severity of post-operative sore throat in patients who have an LMA placed for procedures with duration greater than 1 hour.

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**IRB**

**Number:** STUDY00012614

**System ID:** 33163

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